

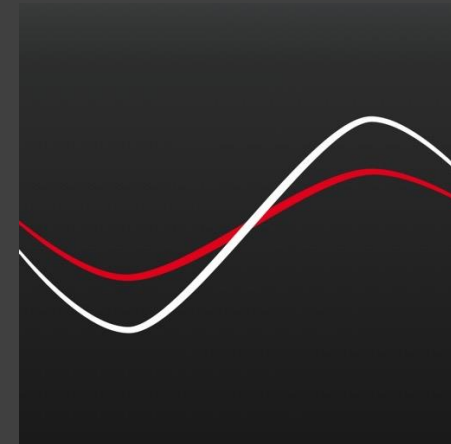
Experience Also : The Swimming Efficiency Tables

The tables are designed to link the SwimAnalyzer 1.0 race models and actual swimming training. They are a practical tool designed to improve stroke efficiency and the mechanical components of swimming to teach swimmers the technique required to achieve the desired goal time.

The Swimming Efficiency Tables are included in the app, and can be created individually for the four strokes up to 400m distance using the predefined goal time.

Training									
100 Freestyle (50 m) Goal time 48.50									
Zone	Lactates mmols/l	% Goal Time	Strokes +/- 1		Distances				
			1st 50m	Other 50	50m	100m	200m	400m	800m
Aero 1	0.1	48%			00:35,79	01:13,72	02:31,75	05:09,23	10:29,92
					00:35,32	01:12,75	02:29,75	05:05,16	10:21,63
	00:34,84	01:11,77			02:27,76	05:01,09	10:13,34		
	00:34,37	01:10,80			02:25,76	04:57,02	10:05,05		
	00:33,90	01:09,83			02:23,76	04:52,95	09:56,76		
Aero 2	2	56%	20 22	00:33,90	01:09,83	02:23,76	04:52,95	09:56,76	
				00:33,43	01:08,86	02:21,77	04:48,89	09:48,48	
	3.5	64%	21 23	00:32,96	01:07,90	02:19,77	04:44,82	09:40,19	
				00:32,49	01:06,93	02:17,77	04:40,75	09:31,90	
				00:32,02	01:05,95	02:15,77	04:36,68	09:23,61	
AnaThold	3.5	64%	22 24	00:32,02	01:05,95	02:15,77	04:36,68	09:23,61	
				00:31,55	01:04,98	02:13,78	04:32,61	09:15,32	
	5.5	72%	23 25	00:31,08	01:04,01	02:11,78	04:28,54	09:07,03	
				00:30,61	01:03,04	02:09,78	04:24,47	08:58,74	
				00:30,13	01:02,08	02:07,79	04:20,40	08:50,46	
VO2 (Mixte)	5.5	72%	24 26	00:30,13	01:02,08	02:07,79	04:20,40		
				00:29,66	01:01,11	02:05,79	04:16,33		
	7.5	80%		00:29,19	01:00,13	02:03,78	04:12,27		
				00:28,72	00:59,16	02:01,80	04:08,20		
				00:28,25	00:58,20	01:59,80	04:04,13		
VO2 (Best Average)	7.5	80%	26 28	00:28,25	00:58,20	01:59,80			
				00:27,78	00:57,22	01:57,80			
	11	88%		00:27,31	00:56,25	01:55,81			
				00:26,84	00:55,29	01:53,81			
				00:26,37	00:54,31	01:51,81			
Lactate	11	88%	28 30	00:26,37	00:54,31				
				00:25,90	00:53,34				
				00:25,43	00:52,38				

Experience the revolutionary new SwimAnalyzer 1.0 application.

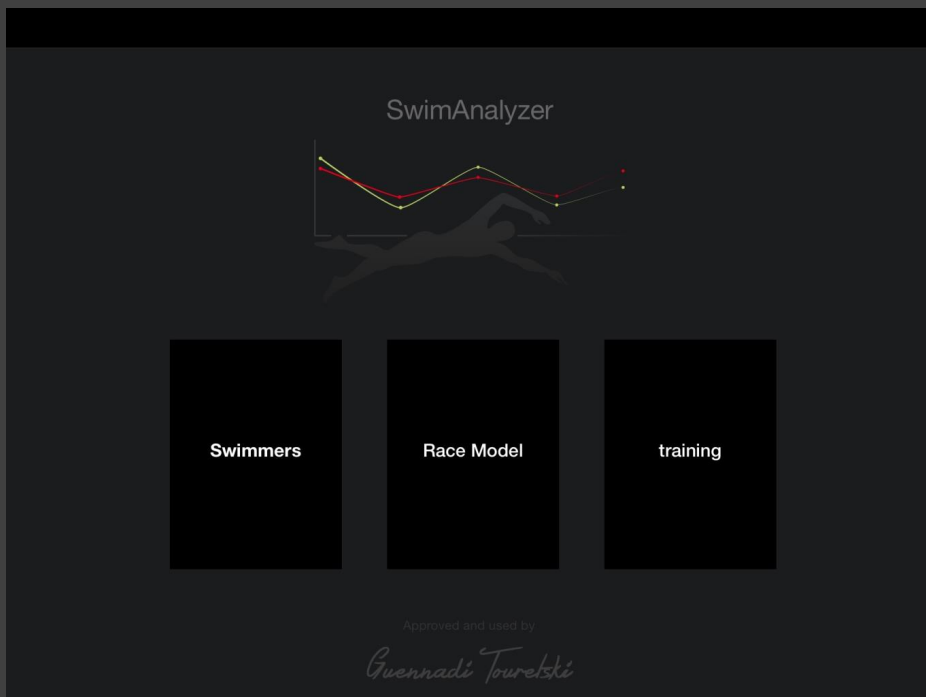


Available now on Apple Store !
(iPad Only)

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SwimAnalyzer 1.0 is the first application of its kind designed to analyse competitive swimming races in real-time with linked video footage.

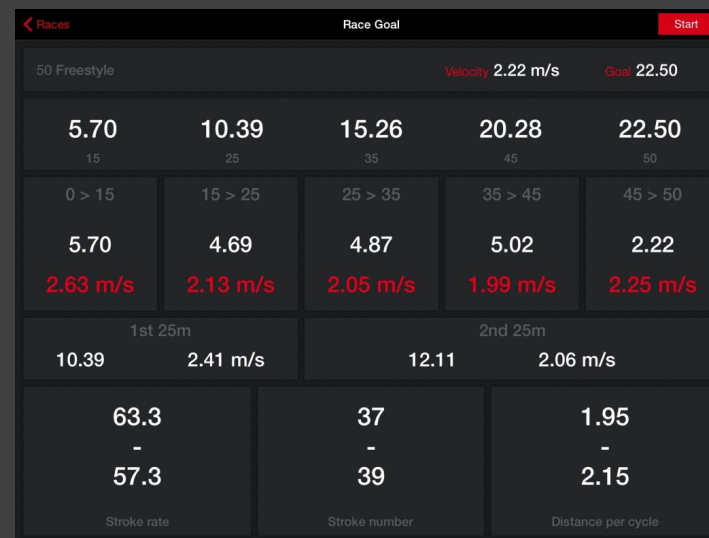
SwimAnalyzer 1.0 offers swimming coaches and athletes a tool to immediately analyze and compare races during competition.



The application allows for the immediate modification and/or generation of new race models at any stage, in response to changing race strategies and competitive environment.

The race analysis is made live during the event and then compared with the swimmer's predefined race model.

This application generates a race profile based on the average of all measured parameters for each stroke and distance, coded second by second.



SwimAnalyzer 1.0 provides the opportunity for the coach to more precisely guide and individualize swimming workouts by applying the race model data for each athlete in training, using time and velocities, stroke frequencies, counts, and race strategy.